



THE ANGLICAN PARISH OF ST ANDREW, EPSOM

A Service of Sunday Morning Prayer for August 30th 2020 – Ordinary Sunday 22

This service of Morning Prayer is taken from page 58 of A New Zealand Prayer Book/He Karakakia Mihinare O Aotearoa. From early in the history of the Church, Christians have developed forms of daily prayer and worship, centred on the regular reading of Scripture and the recital of the psalms. This Sunday morning service provides a simple and beautiful format for private prayer in the home during this time of COVID-19 shutdown.

Awake sleeper; rise from the dead,
and Christ will shine upon you.

Open our lips, O Lord;
and our mouth shall proclaim your praise.

Hymn

1. Dear Lord and Father of mankind,
 Forgive our foolish ways!
Re-clothe us in our rightful mind,
In purer lives thy service find,
 In deeper reverence praise.

2. In simple trust like theirs who heard,
 Beside the Syrian sea,
The gracious calling of the Lord,
Let us, like them, without a word
 Rise up and follow thee.

3. O Sabbath rest by Galilee!
 O calm of hills above,
Where Jesus knelt to share with thee
The silence of eternity,
 Interpreted by love!

4. Drop thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of thy peace.

5. Breathe through the heats of our desire
Thy coolness and thy balm;
Let sense be dumb, let flesh retire;
Speak through the earthquake, wind and fire,
O still small voice of calm!

Words: J. Whittier Music: H. Parry (Tune: 'Repton') Soloists: Catherine Hamilton and Emily Colgan (Soprano), Robert Lamb (Tenor), Celeste Oram (Flute) Nicholas Sutcliffe (Organ) Recorded in St Luke's Presbyterian Church, Remuera, for CD 'King of Glory – Great Hymns for the Seasons of the Church, Volume 2' (2009)

The Spirit of the Lord

1 The Spirit of the Lord God ' is up'on me:
because the Lord has anointed me
to bring good ' tidings ' to the · afflicted.

2 The Lord has sent me to bind up the ' broken-'hearted:
to proclaim liberty for the captives,
and re'lease for ' those in ' prison,

3 to comfort ' all who ' mourn:
to bestow on them a crown of ' beauty · in'stead of ' ashes,

4 the oil of gladness in'stead of ' mourning:
a garment of ' splendour · for the ' heavy ' heart.

5† They shall be called ' trees of ' righteousness:
planted for the ' glory ' of the ' Lord.

6 Therefore I will greatly re'jice · in the ' Lord:
my soul shall ex'ult ' in my ' God,

7 for God has robed me with salvation ' as a ' garment:
and clothed me with in'tegri-ty ' as a ' cloak.

8 For as the earth brings' forth its ' shoots:
and as a garden causes the ' seeds to ' spring ' up,

9 so the Lord God will cause ' righteousness · and ' praise:
to spring ' forth before ' all the ' nations. *Isaiah 61: 1-3, 10, 11*

Glory to the Father and ' to the ' Son :
and ' to the ' Holy ' Spirit; as it was in the be'ginning · is ' now:
and shall be for ' ever. ' A'men.

Psalm 23

The Lord's my Shepherd, I'll not want;
He makes me down to lie
In pastures green; he leadeth me
The quiet waters by.

My soul he doth restore again,
And me to walk doth make
Within the paths of righteousness,
Ee'n for his own name's sake.

Yea, though I walk through death's dark vale,
Yet will I fear no ill:
For thou art with me, and thy rod
And staff me comfort still.

My table Thou hast furnishèd
In presence of my foes;
My head with oil thou dost anoint,
And my cup overflows.

Goodness and mercy all my life
Shall surely follow me;
And in my Father's heart always
My dwelling-place shall be.

Words: Scottish Psalter (1650), ed. J. Bain Music: J. Bain, arr. A Bullard Soloists: Celeste Oram (Soprano), Robert Lamb (Tenor) Nicholas Sutcliffe (Organ) Recorded in St Luke's Presbyterian Church, Remuera, for CD 'The Lord is my Shepherd – Hymns, Psalms and Anthems based on the 23rd Psalm' (2011)

Forgiveness

Lord, have mercy.
E te Ariki kia aroha mai.
Kyrie eleison.

Christ, have mercy.

E te Karaiti kia aroha mai.

Christe eleison.

Lord have mercy.

E te Ariki kia aroha mai.

Kyrie eleison.

Almighty and merciful God, we have sinned against you,
in thought, word and deed.

We have not loved you with all our heart.

We have not loved others as our Saviour Christ loves us.

We are truly sorry.

In your mercy forgive what we have been,

help us to amend what we are, and direct what we shall be;

that we may delight in your will and walk in your ways,
through Jesus Christ our Saviour. Amen.

Almighty God,

who pardons all who truly repent,

forgive our sins,

strengthen us by the Holy Spirit,

and keep us in life eternal;

through Jesus Christ our Redeemer.

Amen.

Readings: Romans 12: 9-18, 20-21 *Read by Grace Hegley*

Matthew 16: 21-28 *Read by Robbie Gundy*

Silence is kept after the Readings.

Reflection – Aimee White

Anthem

Rejoice in the Lord always:

And again I say, Rejoice.

Let your moderation be known unto all men.

The Lord is at hand.

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving

Let your requests be made known unto God.
And the peace of God, which passeth all understanding,
Shall keep your hearts and minds through Christ Jesus.

Words: Philippians 4: 4-7 (see words below) Music: H. Purcell

Soloists (Trio): Soojin Baek (Contralto), Alastair Gooch (Tenor), Ben Jackson (Bass) Philip Smith (Organ)

Video recorded in St Luke's Presbyterian Church, Remuera, during "Mothers' Day Concert" on 14 May 2017

The Song of our Adoption

- 1 Blessed are you, God and Father of our Lord ' Jesus '
Christ:
you have blessed us in Christ with every
spiritual ' blessing · in the' heaven-ly ' realms.
- 2 Even before the world was made
you chose us to be ' yours in ' Christ:
that we should be holy and ' blameless ' in your ' sight.
- 3 In love you destined us for adoption
as your children ' through Christ ' Jesus:
such was your ' pleasure ' and your ' purpose,
- 4 to the praise of your ' glori-ous ' grace:
which you have freely given us in ' your be'lovèd ' Son.

Ephesians 1:3-6

Glory to the Father and ' to the ' Son:
and ' to the ' Holy ' Spirit;
as it was in the be'ginning · is ' now:
and shall be for ' ever. ' A'men.

Sentence of the Day

"If you want to become a disciple of Jesus, deny yourself, take up your cross and follow him."

Matthew 16:24-25

Collect of the Day

Reassuring God,

**you promise to remember and redeem us
from all that thwarts us.**

**Give us love for all we encounter on our way to you,
either as companions or strangers.**

**Fill us with an ardour for peace.
As we shoulder our cross to follow the Jesus way,
reach out in love and guide us home to you.
With Jesus we pray. Amen.**

Prayers of Intercession and Thanksgiving

Prepared by Lesley Anderson

Let us join together in prayer

Loving Father
we shall have this day only once
before it has gone help us to do all the good we can so today is not a wasted day.
Help us all in your Church
to understand what it really means to love and serve you.
At times of testing strengthen us
At times of suffering support us
When we are tired revive us
and teach us through it all the inexplicable peace and joy
that comes from doing your will

Silence

Breathe your life into us o God
**Gather us under the wings of your love
As a mother hen gathers her chickens**

Father have mercy on us
for all the misdirected use of time, money, and resources in this world.
In the struggle against inequality empower us
so that justice and righteousness are established
upheld and celebrated
as hearts rejoice in the freedom of all that is good.

Silence

Breathe your life into us O God
**Gather us under the wings of your love
As a mother hen gathers her chickens**

Father of all families,
renew our commitment to all in our family;

grandparents, parents, aunts and uncles, brothers, and sisters,
make our homes a place where we care for each other
and share so that there is enough for everyone.
Show us what to do when we feel jealous
or have to make hard choices or painful decisions.

Silence

Breathe your life into us O God
Gather us under the wings of your love
As a mother hen gathers her chickens

Father in this time of uncertainty
bring healing and wholeness to all those who suffer in body, mind, or spirit.
Thank you for all doctors and nurses everywhere,
give them gentle hands to bandage cuts and sores and take away the pain.
May we be more ready to support and befriend one another through difficult times.

Silence

Breathe your life into us O God
Gather us under the wings of your love
As a mother hen gathers her chickens

Father the full extent of your love for us
is so much greater than we can imagine
and in our love and thankfulness
we offer the praise of our lives.

A Child's Prayer

God make my life a little light
within the world to glow.
A little flame that burneth bright
where ever I may go.
God make my life a little flower
that giveth joy to all.
Content to bloom in native bower
although the place be small.
God make my life a little song
that comforteth the sad
that helpeth others to be strong

and makes the singer glad.

The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.

OR

E tō mātou Matua i te rangi
kia tapu tōu Ingoa.
Kia tae mai tōu rangatiratanga.
Kia meatia tāu e pai ai
ki runga ki te whenua,
kia rite anō ki tō te rangi.
Hōmai ki a mātou āiane
he taro mā mātou mō tēnei rā.
Murua ō mātou hara,
Me mātou hoki e muru nei
i ō te hunga e hara ana ki a mātou.
Āua hoki mātou e kawea kia whakawaia;
Engari whakaorangia mātou i te kino:
Nōu hoki te rangatiratanga, te kaha, me te korōria,
Āke ake ake. Āmine.

Morning Collect

God our creator,
yours is the morning and yours is the evening.
Let Christ the sun of righteousness
shine for ever in our hearts and draw us to that light
where you live in radiant glory.
We ask this for the sake of Jesus Christ our Redeemer. **Amen.**

The divine Spirit dwells in us.
Kia noho te Wairua o te Runga Rawa ki a tātou.
Thanks be to God.
Whakamoemititia a Ihowā.

The Grace

The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit be with us all. *Amen.*

Hymn

Guide me, O thou great Redeemer,
Pilgrim through this barren land;
I am weak, but thou art mighty,
Hold me with thy powerful hand:
Bread of heaven,
Feed me till I want no more.

Open now the crystal fountain
Whence the healing stream doth flow;
Let the fiery, cloudy pillar
Lead me all my journey through:
Strong deliverer,
Be thou still my strength and shield.

When I tread the verge of Jordan,
Bid my anxious fears subside;
Death of death, and hell's Destruction,
Land me safe on Canaan's side:
Songs of praises
I will ever give to thee.

*Tune: 'Cwm Rhondda' (J Hughes); Descant – M Archer; Words – W Williams
Brendan Packard (Trumpet); Stanley Jackson (Organ); Choir of St Andrew's, Epsom (dir.
Shroff) Recorded in St Luke's Presbyterian Church, Remuera, for CD recording 'Tell Out
My Soul – Great hymns for the seasons of the Church' (2003)*