

# St Andrew's Welcomes You



## LET THE WORD OF CHRIST DWELL IN YOU RICHLY

We say these words from Paul's letter to the Colossian regularly in our worship. But what does it really mean to let the word of Christ dwell within us? Meditation on the scriptures, daily bible readings, memorizing and singing the psalms, or scriptural songs, reciting a text while you take a prayer walk, and studying the bible are all ways we can invite the scripture into our hearts and into our lives. Another way is to use the devotional reading process of **LECTIO DIVINA**, sometimes known as the African Bible Study method. It has five stages:

\* *Silencio*: Put yourself in the presence of God. Become quiet and offer yourself to God.

\* *Lectio*. Read the text aloud, slowly allowing the words to resonate and settle in your heart. Linger on the word or phrase that catches your attention and lights up for you. Sit with the word or phrase and savor it as a word of God for you.

\* *Meditatio*: Read the passage again and listen to where the word connects with your life right now. Enter into the scene in your imagination. Imagination is a god given gift. Envision the scene. Carefully watch the scene. Listen to how people and the environment interact. What do you hear and experience as you watch and listen.?

\* *Oratio*: Read the passage one more time, listening attentively. Has God addressed you in this word and invited you to respond? Allow the scripture to lead you into a prayer response. Do not censor your thoughts or requests. Let them flow out spontaneously and freely before the God who loves you. Hold nothing back. Respond to God's invitation to you.

\* *Contemplatio*: Deeply receive God's Word and rest in his presence and love. Give yourself some time to wait and be still before you reenter life as usual. Take God's word to you with you throughout the day. Return to it and remember it all day long. Stay with God until you feel prompted to leave.

**Source:** Adele Ahlberg Calhoun,  
*Spiritual Disciplines Handbook:  
Practices that Transform Us*



**19TH JULY 2020  
BIBLE SUNDAY**

## Eucharistic Liturgy

Thanksgiving for Creation and  
Redemption page 456

*The choir will sing the Benedicite  
Aotearoa.*

## Opening Hymn

Praise the Lord! ye heavens, adore him;  
praise him, angels, in the height;  
sun and moon, rejoice before him,  
praise him, all ye stars and light.  
Praise the Lord! for he hath spoken;  
worlds his mighty voice obeyed:  
laws, which never shall be broken,  
for their guidance he hath made.

Praise the Lord! for he is glorious;  
never shall his promise fail:  
God hath made his saints  
victorious;  
sin and death shall not prevail.  
Praise the God of our salvation;  
hosts on high, his power proclaim;  
heaven and earth and all creation,  
laud and magnify his name!

## Prayer of Confession page 459

### Sentence

“Let the word of Christ dwell in you  
richly; teach and admonish one another  
in all wisdom; and with gratitude in your  
hearts sing psalms, hymns, and spiritual  
songs to God.” *Colossians 3:16*

### Collect

**Almighty God,  
your word is a lamp for our feet  
and a light upon our path;  
grant that by patient study  
of the Scriptures  
we may follow more closely the way  
that you set before us;  
through Jesus Christ  
who lives and reigns with you and the  
Holy Spirit,  
one God now and for ever.  
Amen.**

**Reading: Colossians 3:12-17**

**Psalm: 139**

**Lord, lead me in the way**

*see bottom of page*

### **Gradual Hymn**

Praise we now the word of grace;  
may our hearts its truth embrace:  
from its pages may we hear  
Christ our teacher, speaking clear.

May the gospel of the Lord  
everywhere be spread abroad,  
that the world around may own  
Christ as King, and Christ alone.

**Gospel: Matthew 24:30-35**

### **Prayers of the People**

Bidding: Word of peace and truth,  
Response: **Speak to our hearts and  
minds.**

### **Offertory Hymn**

Lord, thy word abideth,  
and our footsteps guideth;  
who its truth believeth  
light and joy receiveth.

When our foes are near us,  
then thy word doth cheer us –  
word of consolation,  
message of salvation.

When the storms are o'er us,  
and dark clouds before us,  
then its light directeth,  
and our way protecteth

Who can tell the pleasure,  
who recount the treasure  
by thy word imparted  
to the simple-hearted?

Word of mercy, giving  
succour to the living;  
word of life, supplying  
comfort to the dying.

O that we discerning  
its most holy learning,  
Lord, may love and fear thee,  
evermore be near thee!

## **139 Lord, lead me in the way**



## Ministry of the Sacrament page 466

### Prayer at the preparation of the gifts

Lord Jesus,  
you nourish us at the table  
of your word  
and the table of your sacrament;  
as we feed on you,  
the bread of life,  
may we daily grow  
into your likeness.  
Amen.

### Communion Instructions

*Everyone is welcome to receive  
communion at St Andrew's.*

**One hand out** – dipped bread and wine.

**Two hands out** you will be offered just the  
bread and the wine will follow.

*When you are offered the common cup, you  
may drink from it, or take it and hold it to  
acknowledge that you are  
receiving God's grace; or simply bow your  
head to acknowledge it.*

### Closing Hymn

God, companion of our journey,  
help in times of dark despair,  
comforter in times of sadness,  
present in the joy we share.

Thanks we give for each new challenge,  
praise we sing for this new start.  
Guide us in the path we've chosen,  
may your love-song fill our heart.

Lord of earth and sky and ocean,  
God of great and little things,  
creatures furred and feathered know  
you,  
yours the tune the bellbird sings.

All creation bows before you,  
conscious of the life you give.  
May aroha unify us,  
God in whom we move and live.

Take our lives and use our talents;  
give us freedom to explore  
all the ways that we may serve you,  
trust and love you ever more.

## **DAILY LECTIONARY READINGS**

### **Monday**

Psalm 50:3-7,14 / Micah 6:1-4,6-8 / Matthew 12:38-42

Trustworthy God, give us courage to have faith in you. When we falter, unsure of ourselves, or of your presence, open our ears to hear again what you desire. May we, following in the footsteps of Jesus, do justice, love kindness, and walk humbly before you.

With Jesus we pray. Amen.

### **Tuesday**

Psalm 85:1-7 / Micah 7:14-15,18-20 / Matthew 12:46-end

O God, your prophets spoke of your compassion and mercy for all people. By your Holy Spirit, strengthen us to know that the household of God reaches beyond family, ethnicity, gender and culture. Through Jesus, may we see and live our inter-connectedness, with you and each other. With Jesus we pray. Amen.

### **Wednesday**

Psalm 70 / Jeremiah 1:1,4-10 / Matthew 13:1-9

God our living Word, through your prophets, you remind us that you have always known and loved us. Touch our lips to enable us to tell of your love and hope. Cultivate us anew, that we may be fertile soil, welcoming and nurturing the good seed of love that you plant in us. With Jesus we pray. Amen.

### **Thursday**

Psalm 36:5-10 / Jeremiah 2:1-3,7-8,12-13 / Matthew 13:10-17

Living Water, you shower us with abundance, and yet we do not honour you. Our hearts are closed to you, as we seek our own way. Challenge us anew. Expose us to the pain of the earth, and the voice of the marginalized, that we may be won over to your way of justice and peace. With Jesus we pray. Amen.

### **Friday**

Psalm 23 (or Canticle Jeremiah 31:10-13) / Jeremiah 3:14-17 / Matthew 13:18-23

Faithful God, through your prophets, you promise us shepherds after your own heart, who will nourish, feed and lead us. When we are weary, or distracted by the cares of this world, restore us in the good soil of your grace, that we may bear an abundant harvest of love.

With Jesus we pray. Amen.

### **Saturday**

Psalm 84:1-6 / Jeremiah 7:1-11 / Matthew 13:24-30

Word of Life, come among us; stand with us in the gateways of our homes, so that we may know your presence and wisdom. May the harvest of our lives be justice, mercy and peace.

May we live well with our neighbours, according to your way of love.

With Jesus we pray. Amen.

*Source: Our Daily Bread Jenny Harrison and John McAlpine*

# CHURCH HAPPENINGS

- \* The 9.30am Sunday Service will be zoomed for those worshipping from home. Phone 884 6780 from a landline or go to [www.zoom.us](http://www.zoom.us) Meeting ID # 664-003-107
- \* Ginger 'n Bread Meeting coming up **Thursday 23rd July**— please note the different date to last week's pew sheet, which was incorrect.



## ST ANDREW'S PARISH DINNER

Saturday  
September 5th

Mark your  
diaries  
and  
save the date!



## UPCOMING WORSHIP EVENTS

**26 JULY**

Social Service Sunday  
Preacher: Grace Cox



**02 AUGUST**

Music Sunday  
Preacher: The Reverend  
Geoff Hickman

**30 AUGUST**

One Intergenerational  
Service followed by  
Parish Meeting



**30 AUGUST**

Evensong in the Church  
5pm

## GINGER'N BREAD CIRCLE JULY MEETING—THIS WEEK!!

### *Dancing to the New Normal*

**Thursday 23rd July 1.30-3pm In the Parish Centre**

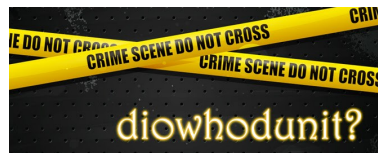
We are excited to welcome our guest speaker for our July meeting, *Roberta Stuart, Family Therapist and Counsellor*. Roberta will explore the impact of Covid-19 on our mental and emotional wellbeing as a society and as individuals. She will offer some helpful ideas as we dance into the new normal. Afternoon tea will follow. Everyone is welcome. Please invite your friends, family and neighbours.



## CALLING ALL YOUTH AND YOUNG AT HEART

**Annual Diowhodunit Friday 28th August, 7pm to 9pm**

at St Chad's Meadowbank. The Diowhodunit is like a live game of Cluedo, where you interview various suspects to work out who committed the crime. You work as a team to solve this horrible puzzle, and then they serve you supper! Transport will be provided from St Andrew's and the young people dropped home afterwards. Please let Aimee know if you are keen to be involved.



## STRAWBERRY FAIR 2020 - SATURDAY 14th NOVEMBER

The Fair Committee, Jocelyn, Jane, Dianne, Denise and Bridget met on Friday and made the decision that we would prepare for the fair, which will be Saturday 14 November. We do not know what the health situation in New Zealand will be by that stage of the year, but we decided to be positive and assume that all will be well. If not we will organise a different way, and have a different kind of fair.

We are looking for the usual donations, household goods, linen including sheets curtains, towels, blankets etc, books, china and glassware, articles for the Silent Auction, small pieces of furniture only. Articles can be delivered to the shed at any time during office hours as Karen has the key. If these times are not suitable please give Bridget a ring and we can arrange a suitable time.

We are also arranging the Big Raffle which happens on an annual basis drawn at the patronal festival. We would appreciate donations either of an article suitable for this, or a financial donation which would enable us to purchase a suitable prize. Bank account number **06 0103 0780441 00** and reference Big Raffle.

Any questions please ring Bridget 022 533 7300 or email [bm.graham@xtra.co.nz](mailto:bm.graham@xtra.co.nz)

**HELP NEEDED** Some years ago General Synod made some changes to the prayers on page 463 of A New Zealand Prayer Book/He Karakia Mihinare O Aotearoa. They produced a sticker to go over part of this page. We are looking to set up a working bee to update our prayer books with these stickers on Wednesday July 22nd at 11am in the Brandon Room. Please phone Karen or speak to Sarah if you are free to help.

**THANK YOU FROM ATWC** A big thank you for the wonderful donation of children's pyjamas, blankets and hand knitted beanies for the Annual winter appeal. Your generosity and thoughtfulness to ATWC helps in assisting our families.

## PARISH DIRECTORY

**Parish Mailing Address:** 100 St Andrews Road, Epsom, 1023

**Parish Office:** Karen Ross (09) 638 8264

office@standrewsepsom.org.nz

Tuesday to Friday 9:30am - 2:30pm

www.standrewsepsom.org.nz

**Vicar:** The Reverend Sarah Stevens-Cross

Vicarage (09) 623 2290 Mobile 021 921 080

vicar@standrewsepsom.org.nz Please note Monday is Sarah's day off.

**Deacon Assistant:** The Reverend Julian Morris (09) 638 8264

**Pastoral Care Co-ordinator:** Lucy Best (09) 520 0093 Mobile 021 350 480

**Services:** Sunday 8am and 9:30am, Wednesday 10am

**If you would like to give via Automatic Payment or Direct Credit**

**The Parish bank account is: 06 0103 0780441 00**



## COMMUNITY NOTICES

### KIWI PILGRIMAGE 7 AUGUST 2020

**Departing St George's Epsom at 9.00 am, arriving  
at St Andrew's Epsom at 9.30am Destination:**

#### **Waikumete Cemetery 1918 Pandemic Monument**

This is a very topical pilgrimage. It is not intended as a celebration or any sort of thanksgiving for surviving the present pandemic. We still have some way to go on that front. Rather it is an exercise in mindfulness and being aware of the serious situation the world is in. We walk from St George's to St Andrew's Epsom to look at their interesting 1918 plaque. From there we largely follow the course of Oakley Creek from Hillsborough to Avondale. Next we take the bus to Waikumete. There we walk up through the cemetery looking at some of its history and any personal associations that people may wish to share. The return journey is by train from the Glen Eden Station back to Remuera Station, then walking round to St George's.

To register your interest ph Greg Smith 5242925: email [gregskelbrooke@gmail.com](mailto:gregskelbrooke@gmail.com) Walking notes will be emailed to those participating. Some of our St Andrew's vestry members will be here on the day to welcome the group.

### MERCY SPIRITUALITY CENTRE CLOSING

Sadly, we must announce the Mercy Spirituality Centre is closing permanently at the end of this month (31 July 2020). We have been informed by our Board that: "It is with great sadness that the Board of Te Ngakau Waiora Mercy Centre Ltd announces the closure of Te Ngakau Waiora Mercy Spirituality Centre at Epsom, Auckland. The Centre has operated with the generous support of Nga Whaea Atawhai o Aotearoa Sisters of Mercy New Zealand for more than 30 years." We will be having a closing ceremony on Sunday, 19 July 2020, 3-5pm. If you can join us, please let the office know:

- If you are coming.
- If you are able to bring a small plate.

Ph 09 638 6238 or

[info@mercyspiritualitycentre.org.nz](mailto:info@mercyspiritualitycentre.org.nz)

Please note: Our advertised programmes will continue until Friday, 31 July 2020.

We thank you for your support over many years. Every blessing, Beate Matthies Manager

### ORGAN RECITAL - SUNDAY 19 JULY 4PM

**Takapuna Methodist Church, 427 Lake Rd, Takapuna, Auckland**

Admission by programme: Suggested donation \$25 to organ refurbishment funds