



A Service of Reflection for use at home or with others via Zoom

This is a quiet meditative service to be used at home or together via Zoom. At home the music can be found at <u>https://www.standrewsepsom.org.nz/worship-resources/</u>. On Zoom, the music will be played for you. The congregation will be muted throughout the service, unless otherwise stated

Gathering

Maundy Thursday holds so much significant for us. Jesus shows us so much of himself and call us to follow him. In washing our feet he calls us to his way of humble service. In breaking bread and sharing wine he calls us to discern his presence in this, and in every meal we share. In asking us to watch with him through the darkness of the night, he shows us his humility and call us to stand with those who suffer.

Opening Prayer

Unmuted

Servant King, you kneel at our feet: **Show us how to serve.**

Gracious Host, you break and bless the bread: **show us how to share.**

Suffering Friend, you pour out your heart: **show us how to wait with you.**

Quieten our hearts and minds, as we still our bodies, slow our breathing, and open ourselves to you.

JESUS WASHES THE DISCIPLES FEET

Psalm of Penitence

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions.

Wash me thoroughly from my inequity, and cleanse me from my sin. For I know my transgressions, and my sin is ever before me.

Against you, you alone, have sinned, and have done what is evil in your sight, So that you are justified in your sentence and blameless when you pass judgement.

Lord have mercy **Christ have mercy** Lord have mercy

Create in me a clean heart, O God, and put a new and right spirit within me.

Do not cast me away from your presence, and do not take your Holy Spirit from me.

Restore to me the joy of your salvation, and sustain in me a willing spirit.

Glory to the Father and the Son and the Holy Spirit **As it was in the beginning is now and shall be forever. Amen.**

Psalm 51: 1-4, 10-12

Reading: John 13: 1-17, 31b-35

Hear what the Spirit is saying to the Church. **Thanks be to God.**

Reflection

As you listen to the music, I invite you to join with Jesus and the disciples at the Last Supper. Imagine that Jesus tenderly bends to wash your feet. Using each of your senses in turn, how does it feel to be there? What can you see, taste, hear and smell? Does Jesus have a special message for you?

<u>Music for Reflection</u> The Servant King - Graham Kendrick

<u>Prayer</u>

Christ Jesus, You show us your servant heart, emptying yourself of all but love, kneeling at our feet, washing away all that clings.

Give us grace to kneel with you, to bow our proud hearts, to empty ourselves of all false status, to serve a broken world in your name. Amen.

Prayers of Intercession

We pray for the powerless and downtrodden, those without status, those who work for low or no wages, those who suddenly find themselves without work around the world.

Silence

Servant King, **teach us to serve.**

We pray for those who are powerful and influential, those who govern and legislate, those whose work is well rewarded, each of us whose decisions affect the lives and livelihoods of others.

Silence

Servant King, teach us to serve.

We pray for those who care and clean, medical and support workers, those who often go unnoticed, but who maintain the fabric of our world.

Silence

Servant King,

teach us to serve.

We pray for those who receive care, those who are particularly vulnerable to Covid-19 because they live with disability, illness or injury, all those who rely on the goodwill and support of others.

Silence Servant King, **teach us to serve.**

We pray for those who are weighed down with shame or guilt, those who carry the burden of painful memories, those who grieve the loss of a loved one or struggle in isolation at this time.

Silence

Servant King, **teach us to serve.**

THE LAST SUPPER

 Responses
 Unmuted

 Gracious Host you broke and blessed the bread at the last supper

 your shared with your friends,

 show us how to share.

Gather your people from the ends of the earth, **Show us how to welcome.**

Taking the ordinary stuff of life, you fill it with meaning, **show us how to receive.**

Reading: 1 Corinthians 11: 23- 26

Hear what the Spirit is saying to the Church. **Thanks be to God.**

Reflection

As you listen to the music, I invite you to join with Jesus and the disciples at the Last Supper. Imagine that Jesus breaks the bread and offers some to you. Using each of your senses in turn, how does it feel to be there? What can you see, taste, hear and smell? Does Jesus have a special message for you?

Musical ReflectionThe St Andrew's Choir singsBe still for the Presence of the Lord
(from the album, King of Glory)

A Collect for the Day

God, you love us at our beginning and our end; you mark us as belonging to you, and urge us to be ready to journey wherever you call. This Holy Thursday, may we be ready to journey with Jesus. May we bare our feet to be washed by another. May we be your living bread and wine of love for a starving world. May we have love for each other, and thus meet you.

With Jesus we pray. Amen.

WATCHING AND WAITING

Reading: Mark 14:32 – 42

Hear what the Spirit is saying to the Church. **Thanks be to God.**

Reflection

Jesus is alone and lonely: "Could you not watch with me one brief hour?" he asks. In Gethsemane Jesus dares to own his deepest feelings, to voice his deepest longing, his heartfelt desire does not go through the coming trauma and pain and death.

The same words are repeated in some form whenever a person is diagnosed with cancer or some untreatable illness: "Take this cup from me," we might say. As we look at the impact of COVID-19 around the world, as at any terrible moment in our lives we long for our reality to be different, for a miracle, for respite, the powerful cure. It can be hard to own up to our own feelings, particularly for people of faith: we are expected to have spiritual resources to cope.

Can we be as honest and real about our feelings as Jesus, letting go of any pretence of being more able or competent than we are, letting go of any pretence of being brave or holier or better than we are? Can we dare to voice our own fears and feelings and doubts?

Let's take into this time for reflexion our own Gethsemane moments, our own fears and struggles and disappointments, and allow Jesus honest hand to hold them. Music for Reflection Stay with me, remain here with me - Taize

<u>Prayer</u>

Lord Jesus, we wait with you in the darkness, we will watch with you now, in this moment when you need us. Help us to learn from your honesty, as we own our real feelings about the unchosen challenges of our own life. We don't want this cup. Why me?

Give us grace to walk through the valley, death's shadow, and come to the dawn of a new day with you. Amen.

This service is part of the 'Great Three Days". The story is just beginning. We will depart in silenceto return on Good Friday.

Service taken from: Chris Thorpe: Apprentices and Eyewitnesses: Creative Liturgies for Incarnational Worship: Lent, Holy Week and Easter.